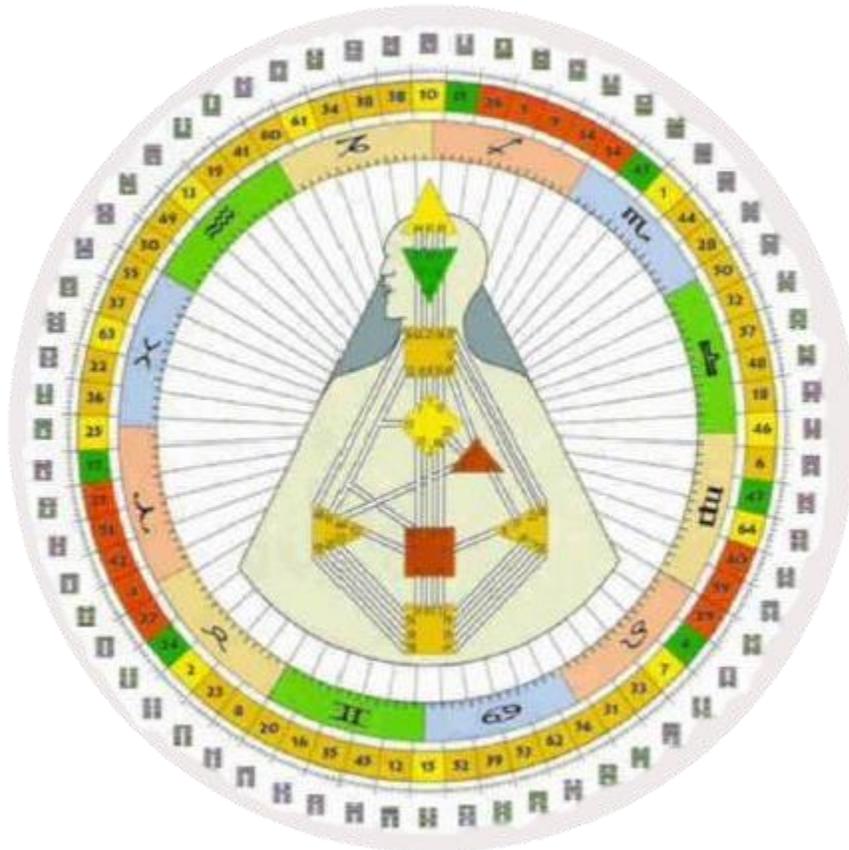


Human Design 101: An Introduction to The Parts of the Human Design Chart

by Leslie vanWinkle, Reflector



Human Design for Live Mastery
HumanDesign4LifeMastery.com
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Let me welcome you to the magic of Human Design.

Before you jump into the nuts and bolts of this overview of the human design chart, let me introduce myself and give you a clue about the power of this tool. My name is Leslie vanWinkle. I grew up in Seattle, Washington among in a wonderfully supportive family that includes four siblings. We are still all very close, for which I am profoundly grateful.

For over five decades I sampled life and had amazing successes. I produced movies and music and books and children. I also faced plenty of struggle, made horrific mistakes, and lost money, marriages, jobs, and homes. I had to reinvent myself countless times and became a transformation expert. Along the way I collected a burden of guilt and regret that tore at my joints and shredded my soul.

- Why did I seem so out of step with everyone else in the world?
- Why did I constantly give my power away and take care of everyone else instead of myself?
- Why couldn't I figure out one thing to focus on and really master it?
- Why was I such a doormat, a wimp, a co-dependent, a sucker?

In late 2013, a dear friend gave me my Human Design chart and said: "You are a Reflector. I think this will clear up a lot of your confusion."

No kidding. I dove in. I went to the Jovian Archives and listened to Ra Uru Hu talk about Reflectors and my body began to shake. Tears blinded me as I listened to him describe what it was like being me.

According to Human Design, Reflectors make up less than 1% of the population and our job is to reflect the emotional, spiritual, and mental well-being of our immediate environment and the planet. OMG!

This is because all nine energy centers are wide open in the Reflector - absorbing and amplifying the emotional and mental energy that is flying at us. All the time. From every direction. From everyone. From everything. Unfiltered. Without cease. I had no barriers. No filters. I was in constant flux. I absorbed outside energy, amplified it, and thought it was mine.

No wonder I empathized with everyone and felt their pain. No wonder I was so swept up in the enthusiasms of others. Suddenly I understood why I was such a sucker for sales people. Why I was so easily enmeshed with people's emotional troubles. Why I was so easily overwhelmed by crowds and commotion. Why I felt so broken, uncertain, and wrong all the time. Why I changed my goals moment to moment. Why I was so unclear about what I wanted, what was important, and who the hell I was!

Suddenly, I was okay. Suddenly, I had an entirely new way of viewing and loving myself. Suddenly, I had a strategy to use that would help me connect with what I really felt and thought and wanted.

Finally, I could trust myself, respect myself. My self-judgement dissolved, my regrets and guilt vaporized. My despair and disappointment faded. I knew myself and I was just fine! I laughed. I wailed. I cried. I danced. I sang. I was reborn.

I also realized that as a Reflector I had a huge gift to give people. I was a natural empath. I was highly intuitive. I had plenty of life experience. I knew how to transform. I used my 28-days to think over my idea, and then decided to become a Human Design Specialist, to help other people transform into their own unique, wonderful, sacred selves.

And so here I am, sending this booklet to you, hoping you will dive into your own life and book a reading with me so I can do what I came here to do on the planet. Help you transform into your Greater-Yet-To-Be™

Leslie

Human Design 101: An Introduction to The Parts of the Human Design Chart

by Karen Curry and Leslie vanWinkle

What You Are Looking At - The Human Design Body Graph

The Human Design chart, called the Body Graph, is a visual representation of the sum total of human possibilities and energies. The entire archetype of humanity is contained within the structural framework of the chart. In other words, all of the possibilities for the expression of being human is in the chart. The Body Graph shows us the different ways we love, hate, lead, follow, learn, know, grow and so much more!

Not only that, the chart shows your best strategy for making money, having great relationships, being healthy and creatively fulfilled. Your unique chart helps you understand how you work and how to best make your life work for you.

Each individual chart, calculated using your birth date, time and place, is a “map” of how you process energy. The chart reveals your strengths, your potential weaknesses, you gifts and talents.

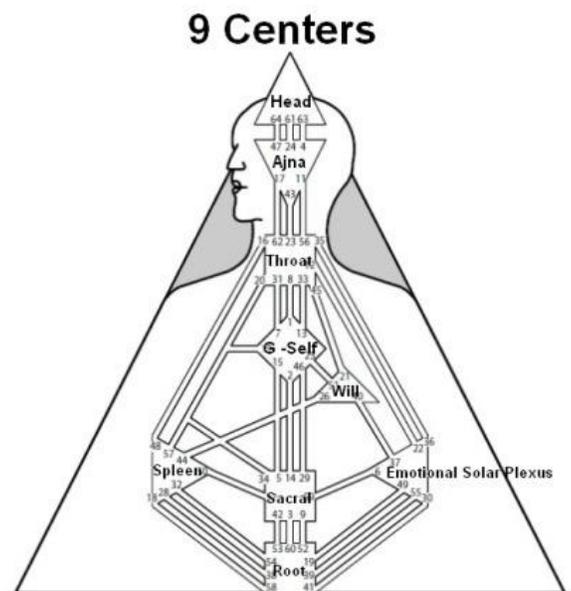
Most importantly, the chart tells the story of who you are, why you are here and how you can live a life that is true to who you really are. While this report explains the parts of the chart, it does not do the job that a personal reading does. That is why I highly recommend that you give yourself the gift of getting a full Human Design reading by a Human Design Specialist. You will gain information that can take your life to a whole level of effectiveness.

To book your reading, please contact me at <http://www.humandesign4lifemastery.com/store2.html>

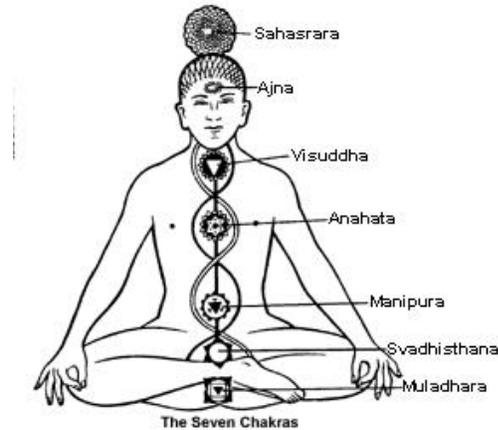
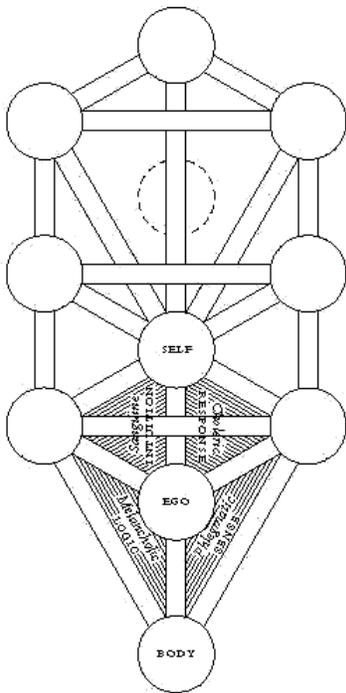
Where Does Human Design Come From?

Human Design is rich and complex and involves a lot of data. The system is a synthesis of Eastern and Western Astrology, the Chinese I'Ching, the Kabbalah, the Hindu Chakra System and quantum physics. If you look at the chart closely you might find visual evidence of some of the “parts” of Human Design.

For instance, below is a diagram of the Tree of Life from the Judaic Kabbalah. If you turn your Human Design chart upside down they looks very similar.



And, there are nine geometric shapes called “centers” that appear on different parts of the body, similar to the seven energy centers of the Hindu Chakra system.



Or you may notice that there are 64 numbers that appear on the Human Design chart. These numbers, called “gates” correlate to the 64 Hexagrams from the Chinese I’Ching.

But, even though you can see pieces of these ancient wisdom teachings in the chart, Human Design, in and of itself, is something new and unique, a brand-new tool to help people understand themselves in a brand-new way.

Synthesis is key to understanding Human Design and each individual chart. At its root, Human Design is a tool that teaches us about the power and possibility of evolution in mankind on a personal, relationship and collective level. The real beauty of Human Design is truly in the unification of all of its unique esoteric components.

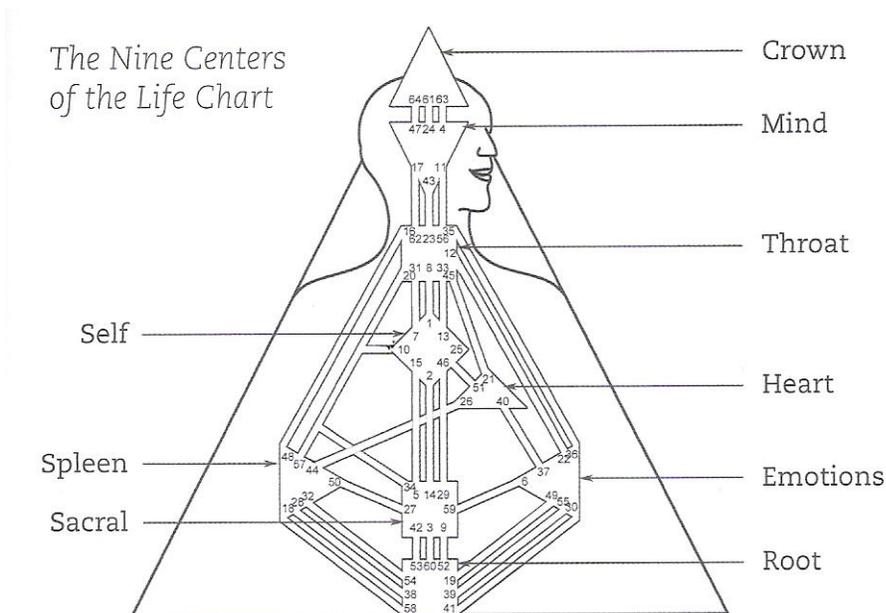
What Are The Basic Components of the Human Design Chart?

The actual chart is also a synthesis of several parts that play together to give an overview of each individual. In order to “see” the big picture of a chart and to make learning about Human Design easier, we start by taking the chart apart, piece by piece. In this section I will break down the parts of the chart into their individual components, so you can begin to understand how the different pieces fit together.

Please understand that as you learn about each component of the chart and how it contributes to your whole design, we are considering each piece of the chart out of context. Some of the individual pieces of the chart have energies that are similar, yet each is subtly unique. Each piece is important, yet it is the interplay of all the chart components that creates your unique expression fully.

THE NINE ENERGY CENTERS

The first thing you will notice when you look at your chart is that there are nine geometric shapes. These shapes are called the nine centers. Each center carries and manages a certain frequency of energy and relates to specific themes in our lives.



The names of these centers may vary.

- The Crown is sometimes called the Head.
- The Mind is also called Anja.
- The Self is also called G-Center or the Identity Center
- The Heart is sometimes called the Will Center.
- The Emotion Center is also called the Solar Plexus.

Are Your Centers Defined or Undefined?

When a Center is colored in, then it is called Defined. A Defined Center indicates that you have a consistent way of operating in the world that is a consistent part of who you are. This is the energy that you radiate out into the world. This defined center operates the same way energetically and thematically.

Your defined centers represent aspects of your personality that are consistent and true about your personality all the time. It can be raining, Mercury can be in retrograde, Mars can disappear out of the solar system, but your definition and how you process certain types of energy remains reliably the same.

If a Center is white, then it is called Undefined or “open.” Open or undefined centers represent aspects of your personality that are inconsistent. Where you are open is where you take in energy and information from other people. Not only do you take it in, you amplify it.

In our open Centers, we experience others and have potential for great wisdom. However, they also open us up to the potential for pain and confusion. Open Centers are where we learn our lessons.

How Undefined or Open Centers Work

For example, if you have an undefined emotional solar plexus (the triangle on the lower right hand side of the body graph), you take in other people’s emotions and amplify it; you can actually feel more intensely than the person generating the feelings.

This makes emotionally undefined individuals empathic and sensitive to the emotions around them. With such awareness, this empathy can be a great source of wisdom. Any center where you are undefined is potentially a great source of wisdom.

Here is a simple example to illustrate this point.

People with an open solar plexus can absorb emotional energy from the people sitting around them in a movie theater during a sad scene. They could find themselves weeping as they absorb all the sadness from the crowd. The same could be said for the joy of a crowd during happy or funny scenes.

As a Reflector, all my centers are open. Until I learned about my Human Design, being wide open to every kind of energy in my immediate vicinity created havoc in nearly every area of my life for decades.

This is how my undefined centers impacted me and the people around me.

A few years back I was dealing with my wild-child-teenager and a dissolving marriage. This was very exhausting for me, because I bounced from emotion to emotion very quickly – absorbing and amplifying her angst, rage and mood swings. I would soak up her emotional energy like a sponge. The emotional intensity was overwhelming.

At the same time I was feeling the shattering of my husband's emotional support as he withdrew further and further, cutting me off from any anchor in the midst of this chaos. Yes, he was stable and present throughout all the crisis years, and we definitely met each crisis as a united front, yet he could not handle my emotional intensity. In hindsight, I can see that I burned him out. He simply was not equipped to deal with the intense emotional energy from his wife and child.

Since my child had an open solar plexus, she was also absorbing emotional energy from her environment. This meant her hostile school situation, her troubled friends, and her own distressed family. As a result she acted out quite a bit, even more than her own chart would indicate. Also, since she and I shared the open Solar Plexus, we were absorbing each other's distress and amplifying it back to each other. Not a pretty picture.

In hindsight, I believe I would have responded to my own high levels of distress differently. I certainly would have had a better understanding of my child's behavior and probably could have had more effective conversations with both her and my husband. But I was clueless, and floundering.

This is a very intense example to show how a lack of knowledge of our Human Design can aggravate an already emotional situation. Though this shared struggle allowed me to gain tremendous wisdom, in hindsight I would have preferred to have had an understanding of our Human Design. Had I understood about the open emotional centers that my child and I shared, I believe I would have been able to better manage the pain I experienced, and I certainly would have been able to understand more of her behavior and been better able to communicate with her.

Now my understanding of Human Design allows me to discern when external emotions are pouring into my open emotional solar plexus. I am able to recognize when the energy is not my own and can now process it in a way that allows all that emotional energy to pass through me. I don't hold on to it and claim it as my own as I did during those intense years. This protects me from burning out under an intense emotional load.

With all my heart, I wish I'd known about Human Design while raising my wild-child. I am certain we all would have weathered those years with much less trauma and pain, and with much more compassion.

Now I use these skills. In my coaching practice, this aspect of being emotionally undefined is a great asset for me. It allows me to sense at a deep level the emotional state of my client and ‘feel their pain.’ When I am assessing my client’s emotional status, I KNOW what they are feeling, because I am feeling it too!

Applied Human Design: Using Human Design to Reach and Teach Our Children

Children with an undefined emotional Solar Plexus sometimes get labeled as being “dramatic”. This is because they take in all the emotional energy from the people around them and they tend to act it out.

These emotionally undefined children can be labeled “disturbed” and even medicated, when they are, in fact, acting out the emotional health of the people in their environment. They can be acting out of the emotional drama of their school and social circles, or their family. It is not untypical for these children to act out of the emotional drama generated by the state of their parent’s marriage.

Think about the children in your life. We have an unprecedented opportunity to help create a better world for our children. I speak for myself and for all the other Human Design Specialists, who are growing in number around the world, when I say, It is our children who will most benefit from our incorporating Human Design teachings into our lives.

Our children are inheriting this planet. They are our future leaders. Our future inventors, teachers, and caretakers. They are our future work force. Nothing should be allowed to steal their potential from them. Not their race, gender, physical disability, or cultural orientation can be allowed to block them from their potential greatness.

At this stage of our human development there is not a single reason not to equip them with every possible tool available, so that they can thrive in the coming years. And there are an infinite number or reasons to do so.

It is in our power to do this. As the adults on the planet, it is our privilege – and our obligation – to ensure that our inheritors have the self-knowledge that their Human Design can provide. We must remember that every life is sacred. Every life has its own path. It is self-knowledge about our purpose that robs so many people of happiness and blocks their contribution. Don’t let this continue.

Teach your children to love themselves. To schedule a reading visit at <http://www.humandesign4lifemastery.com/store2.html>

I offer special rates for parents who want to schedule Human Design readings for themselves and their child. Even if your child is a teen and resistant to participating, you as a parent can still learn a great deal about your child and greatly improve your communications and relationship with this knowledge.

Applied Human Design: Human Design is a Tool To Bring Us Together

The beauty of understanding the defined and undefined centers of the people in your immediate social circle is that this understanding allows you to see the individual puzzle pieces that constantly bump up against each other within those relationship dynamics. Yet, even within these internal dynamics, it is wise to keep the big picture in mind.

While, individually we each a complex puzzle – collectively we are simply pieces of a greater puzzle – together we make up the greater whole that is the human species. This higher view can make it much easier to develop compassion for yourself, your loved ones, and the other people we bump up against day-to-day. Together, as a human species, we become completely defined; we become the Whole of our Humanity.

That wholeness always exists. It is the wholeness of all the energy that ever was and ever will be. It is the completeness of all the energy in the universe. But in our earthbound lives, we have forgotten that truth. Learning about and remembering this ultimate connection is our current step in the spiritual evolution of our species. We all have a million more ways that we are the same, than the few conditioning factors that we allow to separate us.

When we are all together we each bring pieces of ourselves that energetically connect with others and unify us -- offering us the opportunity to express all of the human experience.

You sense this when you go to a restaurant or a coffee shop. The designs of the customers and the staff blend together to make a collective aura. Your definition comes from the position of the Gates and the planets at the moment of your birth.

THE NUMBERS AND PLANETS ON THE CHART

On the left hand side of the chart or flanking either side of the body graph (depending on which software you used to receive your free Human Design chart) you will see a series of red and black numbers and planetary symbols.

You might also see that there are two birthdates located on your chart. The birth date in black is your actual birthday, called your Conscious Birthday in Human Design. (And on some charts, the birthday may be in European format, i.e. day/month/year.) The red birthday is called your Unconscious Birthday.

<p>The numbers in BLACK are calculated on your actual birthday. This is your Conscious Design. The elements on the chart that are black are aspects of your personality that you are consciously aware of and, to a certain degree, have some control over.</p>	<p>The Unconscious Birthday (the one in RED) is calculated approximately 88 astrological degrees from the moment of your birth (roughly three months prior to your birth). This is the design of your Unconscious Personality.</p>

Your Unconscious Design Personality is defined by the red elements on the chart and represent aspects of your personality that are consistently part of who you are but are unconscious, meaning you don't really have much control over these parts of your personality. Usually, with age, we become more aware of our Unconscious Personality. Your family and loved ones also usually know the Unconscious elements of who you are.

The planetary symbols indicate the astrological position of the energies in your chart at the moment of your birth. Your birth chart is fixed and does not change during the course of your whole life.

THE CHANNELS AND GATES

The next thing that you may notice on your chart is that it is filled with lines that connect the centers. Some lines are filled in red, some black, some are checkered black/red and some totally white.

	<p>Lines that span between and connect two centers are called Channels. There are 32 channels in the Human Design body graph. Each channel has two halves called Gates. There are a total of 64 Gates.</p> <p>If you have a channel with a solid color then the centers on each end of the channel are defined and will be colored in on your chart. This is the result of having the gates at each end of that channel activated.</p> <p>An open/undefined center appears white. It has no fully colored channels attached to it. This is because it either has no activated gates or only one activated gate. The channel is therefore not defined..</p>
	<p>When only one Gate in a Channel is defined, it is called a Hanging Gate:</p> <p>The 64 Gates correlate to the 64 Hexagrams in the Chinese I'Ching. Each active Gate in your chart adds a different "flavor" to your personality.</p> <p>A Hanging Gate is always attracted to people who have the other half of the Channel. This is called electro-magnetic attraction.</p> <p>You may notice that some of your Gates are colored in differently. Gates colored Black carry personality traits that you are consciously aware of.</p>

So, for example, if your Gate 11 coming out of the Ajna/Mind Center towards the throat is colored black, then you would be consciously aware that you have a lot of ideas! The black gates are derived from the black numbers on the left of your body graph chart.

Some of the gates on your body graph may be colored red. The red gates are derived from the red numbers on the left side of your body graph and indicate unconscious energy.

So, for example, if you have the Gate 13, The Gate of the Witness, unconscious (red), then you may not be aware that your energy field communicates to others that they are safe to share their secrets with you. You probably have no idea why people are always coming up to you, out of the blue, and telling you their deepest, darkest secrets.

If you have checkered gates you express those particular personality aspects both in your conscious and unconscious definition.

As I mentioned earlier, a white or uncolored channel represents the gate at that end of the channel is “open” gate. This means you will always take in the energy of that open gate from the world around you. This also means also that how you express that energy will be inconsistent depending on your environment.

THE FIVE TYPES

When you look at the bottom of your chart, you will see your type listed. There are five types in the Human Design system. Each type has a specific strategy for making powerful decisions.

The easiest way to begin benefiting from Human Design concepts is to know one’s Type and to follow the strategy for that type. In the Human Design System there are five personality “Types”, each with a unique strategy for making decisions. Knowing your Type can help you develop confidence and trust in your capacity to make reliable decisions for yourself.

The five Types are called the Manifestor, the Manifesting Generator, the Generator, the Projector and the Reflector. Each Type has a different role to play when interacting with others and the world.

The Manifestor

The first Type is called the Manifestor. Approximately 8% of people are Manifestors. Their purpose in life is to initiate action.

- Manifestors can initiate action without waiting.
- Manifestors are energy beings that possess tremendous initiating power. They must learn to use their power carefully or risk angering other people.
- Manifestors must learn how to channel their energy properly or they will face tremendous resistance in life.
- Properly channeled, Manifestor energy often gives the other four Types something to respond to.

If a Manifestor decides to start a business, for example, all they have to do is decide on the right timing and then just do it. All of the other types have to wait before they can take action. That said, Manifestors do not necessarily have the energy to actually do all the work involved.

In spite of the fact that most of us think we would love to be Manifestors, being a Manifestor can have its own challenges. Many Manifestors have struggled to learn to use their power appropriately and may be conditioned to hide their power or suppress it. Many struggle with managing their energy and creating balanced lifestyles.

Manifestors are starters, not necessarily finishers. This can create a pattern of unfinished work and changed directions, which can drag at them and create false beliefs – in themselves and in others - about their value.

Some famous Manifestors include Al Gore, George W. Bush, Jack Nicholson, Susan Sarandon and Richard Burton.

The Generator and The Manifesting Generator

The next two Types are called Manifesting Generators and Generators. Together these two Types comprise 67% of the population. These two Types are the only Types who possess a special energy center called the Sacral Center.

- For both the Manifesting Generator and the Generator, the most important thing in life is finding the right work.
- If a Manifesting Generator or a Generator is not working in the right job, they will burn out.
- When these types find the correct work their Sacral Center supplies them with a virtually inexhaustible source of energy.

Manifesting Generators and Generators have to wait for something to respond to before taking action. Most of us are taught to "just do it". If we are Manifesting Generators or Generators we can experience deep frustration if we try to initiate things. For Manifesting Generators and Generators, waiting for something to respond to is crucial for ensuring success in life and avoiding burn out from committing to the wrong work.

For example, a Generator who is a workshop facilitator might desire to teach a particular workshop. If this woman decides to initiate this workshop without anything to respond to other than her own mental urgings, most likely she will find the workshop turnout may be low.

But, if instead, this Generator woman waits until someone suggests that she teach a workshop, she has something to respond to and the outcome of the workshop will probably be much different.

Of course, waiting can feel very challenging for these energy types. It does not feel natural for most people to wait and see what life brings. If you are a Manifesting Generator or a Generator, experiment with waiting, even if it is for just a few days and see what happens! Watch for clues that keep your idea alive, that seem to encourage it, that offer information about it. It might be a magazine article, a billboard, a conversation, or a book that falls open to key words. These are clues from the universe that the idea has merit.

Your energy field communicates to the world that you need something to respond to. When the Manifesting Generator and Generator wait things, the right things come to them at the right time and in the right way.

Applied Human Design: The Defined Solar Plexus and The Emotional Wave

Those with a defined Solar Plexus also need to work with something called an emotional wave – a cycle of high and low enthusiasm. This requires them to check in on their decision over a period of days – a week or two even – to ensure that their feelings about the question are consistent over this period. A decisions made during the enthusiastic high cycle can become an albatross during the low cycle – so allow time to process the decision over the entire emotional wave.

The Differences Between Generators And Manifesting Generators

Even though these two types are similar in how they must wait to respond in order to make decisions, there are some interesting differences between them.

Manifesting Generators have some of the quick energy characteristic of Manifestors.

- They tend to respond more quickly to situations than a pure Generator. They can benefit from learning the skill of talking to their gut using the Sacral Response exercises.
- Manifesting Generators may also have to "test drive" their response to situations that come to them in order to see if they are correct.
- Because of this characteristic of trying out responses, Manifesting Generators can seem as though they are changing their minds frequently.
- Man-Gens need to learn to say “let me try this out for 30 days before I really commit.”

Pure Generators act more deliberately when they respond, and they usually know what is correct for them to do without having to try it out first. The Generator needs to learn to talk to their gut. The Sacral Response exercises help train this skill. With an undefined Solar Plexus, they can trust their gut in the moment. With the defined Solar Plexus they need to wait out their emotional wave.

Some famous Manifesting Generators and Generators include Madonna, John Lennon, the Dalai Lama, Hillary Clinton, Oprah Winfrey and Timothy Leary.

The Projector

The fourth personality Type in the Human Design System is the Projector. Projectors represent about 24% of the population.

- Projectors can become the natural managers and leaders of the world.
- Projectors do not carry energy in their own personal energy field, but instead take in the energies of others and manage it.
- Projectors have to wait to be recognized and invited into the major events in life, such as love relationships, career and right place (where they live).

If an invitation feels good for a Projector and she accepts it, she channels an enormous amount of energy and power into that situation. She can then use that energy to manage others and the world around her.

Projectors, for all their wisdom, can have a frustrating and debilitating life process if they try to push themselves and initiate action. A Projector simply does not have the energy to “just do it”, and if they try to initiate like a Manifestor, or work steadily like a Generator, they will burn themselves out very quickly.

The challenge for the Projector is to trust that the right invitations will come to them, and to wait for those invitations. Sometimes Projectors wait months or years for the right invitation.

Because they are “non-energy” types and they are not here to work steadily like the Generator Types, the Projector Types may receive a lot of judgment from others and be perceived as "lazy" when, in fact, it is literally unhealthy for these types to initiate any kind of action or to work at the wrong kind of jobs on a steady basis. They usually can't sustain the energy flow on their own.

- Projectors are here to deeply understand others.
- Projectors can be powerful resources if they are recognized and used properly.
- A Projector can, simply by watching an energy type, intuitively know how that other person can maximize their energy and their potential. This makes them natural coaches and mentors.
- Projectors are here to be recognized and invited by others.
- Many Projectors are magnetic, charismatic recipients of amazing invitations.

Ringo Starr is a Projector. He was literally “invited” to join The Beatles after one of the original band members left the band. Other famous Projectors include Steven Spielberg, John F. Kennedy, Paul McCartney, Fidel Castro, Karl Marx and Demi Moore.

The Reflector

Reflectors are the rarest of the types. Less than 1% of people are Reflectors. The Reflector is here to "mirror" or reflect the health of the community around them. A Reflector is extremely open to all kinds of energy. The Reflector takes all the energy from the world around him deep into his own energy system and then reflects it back out.

- If you are a Reflector and you are happy, then where you are at the moment is a happy place.
- If you are a sad Reflector then the community or the world around you is sad.
- Because Reflectors are completely open, they can become very deeply wise about others and the world around them.

Reflectors take in so much energy and information that it can take them a while to make decisions. A Reflector needs to wait 28 days, the full cycle of a moon, before they can feel certain about their decisions. For tough choices, they may need multiple lunar cycles to be clear about a decision.

- Reflectors need to listen to themselves as they talk about their decisions with several people.
- Because they are always taking in information and processing it, it can be difficult for the Reflector to know herself.
- Reflectors have to see their decisions reflected through others in order to know what to do.

Famous Reflectors include Michael Jackson, Sandra Bullock, Uri Geller and Roslyn Carter.

I am a Reflector and an intuitive empath. If you are ready to learn what makes you tick and how to leverage your spiritual operating system then please schedule a reading with me at <http://www.humandesign4lifemastery.com/store2.html>

Applied Human Design: Five Types And Five Strategies

Each type has a different decision-making strategy and inner authority and emotional theme. Your strategy is probably the most important knowledge revealed by your Human Design Chart.

Your strategy is basically your personal way to make effective decisions. It gives you key information about how to operate your human vehicle in the world, how to make the right choices for you, and how to recognize when you are on the right path in life.

- Following your strategy offers you the opportunity to experience events and circumstances that are correct for you.
- Follow your strategy and you will truly fulfill your Personal Destiny.
- When we deviate from our correct strategy life becomes more of a struggle.

Changing your patterns and learning to incorporate your strategy into your day-to-day decisions can be awkward at first, but the more you do it, the easier life becomes.

I offer 30-day to 90-day coaching packages for clients who want help creating and maintaining a game plan to integrate their correct decision-making strategy into challenging areas of their lives, such as career, the workplace, relationships, creative endeavors, or other major life choices.

<http://www.humandesign4lifemastery.com/free-chart.html>

Let Human Design Help You Become Your Greater Yet to Be™!

YOUR INNER AUTHORITY INFLUENCES YOUR DECISIONS

Your decision-making strategy is defined by your type. Your inner authority flavors the way you use your strategy. The pure strain of your Inner Authority is determined by which centers in your personal body graph are defined, and thus have influence on you when you make decisions. However, this authority is affected by your life conditioning and your level of emotional well-being.

YOUR PROFILE INDICATES YOUR LIFE PATH

There are twelve different personality “Profiles” (Profile Lines) in the Human Design system. This Profile is derived from the conscious and unconscious gates in your Sun sign.

The Sun sign is the first sign on a chart under the "Design" and "Personality" columns. The little numbers above and to the right of the big numbers are called “lines.” They look like exponents or a number being raised “to the power of” in mathematics.

Profiles tell you about major life themes that you will encounter, and they illustrate another way in which your personality interacts with the world. Everyone comes into the world with a specific profile and purpose. Knowing your profile can help you see some of the themes that you will encounter as you move toward fulfilling your purpose.

Each line number in a profile has a specific meaning.

- The first line number in your profile is an element of your personality that you will be consciously aware of.
- The second number in the profile may be unconscious and more hidden from you.

The twelve Profiles are derived from the six possible lines of a particular gate. Each of these six lines represents a different archetype or style of behavior. Your profile can be thought of as an explanation of your conscious and unconscious archetype and the themes associated with that archetype. Most people are aware of their unconscious profile, but because it is unconscious, they do not have a lot of real control over how it is expressed.

Below are the names of the 6 Profile Lines

Line 1 - Investigator
Line 2 - Hermit
Line 3 – Martyr

Line 4 - Opportunist
Line 5 - Heretic
Line 6 - Role Model

The 6 Lines combine into twelve pairs, which become your Profile. The “conscious” line is followed by the “unconscious” line.

1/3 Investigator/Martyr
1/4 Investigator/Opportunist
2/4 Hermit/Opportunist
2/5 Hermit/Heretic
3/5 Martyr/Heretic
3/6 Martyr/Role Model

4/6 Opportunist/Role Model
4/1 Opportunist/Investigator
5/1 Heretic/Investigator
5/2 Heretic/Hermit
6/2 Role Model/Hermit
6/3 Role Model/Martyr

A good part of a Level One Human Design analysis deals with understanding your Profile and how to use that knowledge to provide a framework for understanding some of the choices you may have made in your life – and why you made them.

Fall in love with yourself. Schedule a reading at <http://www.humandesign4lifemastery.com/store2.html>



YOUR EMOTIONAL THEME

Each Human Design Type has an emotional theme. The emotional theme is simply part of a person's life and brings them lessons and opportunities for growth. When you experience your emotional theme in a strong way, it usually is a sign that you are not living true to yourself. It's always good to take a step back and evaluate your life if you're feeling your emotional theme in a powerful way.

When you live your life according to your Human Design strategy, you lessen the intensity of your experience of your emotional theme. You might feel it here and there, but it won't rise up and overwhelm you day and night. Following your strategy makes your entire life experience easier and more enjoyable.

Applied Human Design: The Emotional Theme Works Both Ways

The emotional theme is thematic and shows up in your internal emotions, or in emotions you encounter from external sources. That means that you will either be experiencing the emotions of your theme yourself - or you may be experiencing them as they are directed at you from other people.

So, for example, if you are a Manifestor Type, the Manifestor has an emotional theme of anger. A Manifestor has a strategy of needing to inform people before they do things.

- They can attract anger from others when they do not inform them about their ideas or plans.
- or they can feel anger toward others at having to inform them before taking action.

Either way, anger is in the wings.

However, once the Manifestor becomes aware of their emotional theme, they are likely to feel less internal anger at having to slow down and tell other people what they are doing. And using their strategy correctly will definitely lesson the anger they attract from other.

INCARNATION CROSS

The final piece of the chart that ties the whole thing together is called the Incarnation Cross. The Incarnation Cross is comprised of the energies that make up the Conscious and Unconscious Sun and Earth in the chart. These four energies combined comprise about 70% of your personality expression.

The Incarnation Cross in a chart is basically the archetype of a person. It tells us who they are, what they are driven to do, their foibles, folly's and ultimately their destiny, if they choose.

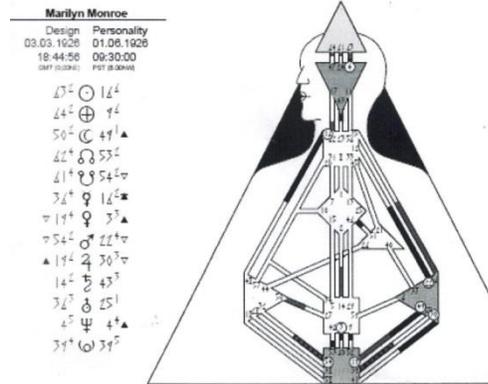
There are 192 Incarnation Crosses, each one a reflection of the solar and earth transits. The Incarnation Cross gives us much more information than a mere sun sign in astrology - it offers a deeper explanation for the path of a soul and the journey of a life time.

I offer a Life Purpose Incarnation / Cross readings in conjunction with, or after - your Level One Reading with me. You can schedule both at <http://www.humandesign4lifemastery.com/store2.html>

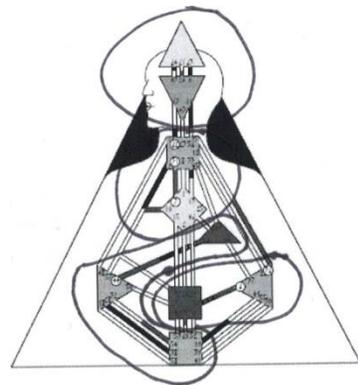
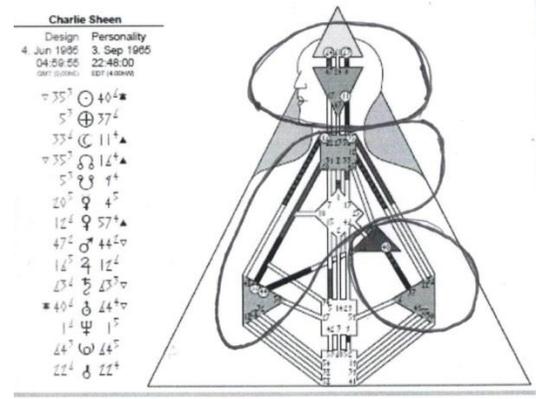
DEFINITION

Single Definition means that all of the Centers that are colored in or defined in the chart are all connected together.

Split Definition means that there are two distinct groups of Energy Centers that are connected within the group but are not connected to each other. Here is an example of a Split Definition.



Triple Split Definition means that there are three distinct groupings of Energy Centers that are Independent. They are not connected to each other. Below is an example of a Triple Split Definition.



Quadruple Split means that there are four distinct groupings of Energy Centers that are independent and not connected to each other. People with Quadruple Split definition are fairly rare. Here is an example of a Quadruple Split Definition.

Such an energy Split can make you feel like you have certain very distinct and different aspects to your perception of yourself. For example, in this chart, you may feel like you have a very powerful mind and can get “lost in your head” but that you also have an “earthy” and kind of primal part of your personality as well.

In relationships, you are often attracted to partners who have the Gates that “bridge” your splits, thus creating a more connected circuit. In such a particular relationship, with its cohesive collective definition, you can feel more “whole,” like all the parts of yourself are unified. This is indeed, just what has occurred, at least energetically.

Your Chart Reveals Your Authentic Self

Each part of the chart is important and gives key insights into your personality. In this brief overview, I have dissected the chart to help you understand those elements.

It is true that understanding each part and the role it plays in the story in the story of your life, helps you put together a bigger picture and deeper understanding of who you truly are.

It is also true that these elements influence each other. This synthesis of all of the parts reveals the true you -- your authentic self -- without any conditioning from outside influences and experiences.

Your Human Design Body Graph is a snapshot or blueprint of your authentic self is an invaluable guide to help you create a life experience that aligns with our true nature and who you came to be on the planet.

- When you begin to understand your Human Design, you learn to love the beautiful person you are and sacred story you came here to live.
- The more you love yourself, the more you are able to accept your unique and sacred expression in the world, and express more of it with confidence and passion.
- The more you express your own sacred self – the more positive impact you have on the world and people around you.
- The more you operate out of your unique human design, the more joy you experience and the larger your contribution to society.

And for this I thank you.

What Is Your Life Worth To You?

- You've lived ----- how many years?
- You've struggled with finances, relationships, career, health ----- how many times?
- You've crashed and burned or just plain burned out ----- how many ways?
- Are you done struggling yet?
- Are you wondering when things will start to make sense?

Learning about your Human Design is your first step toward understanding what your life is all about! Your Human Design chart is a blue print – a map – a compass that can guide you through the rest of your life.

Using your Human Design strategy can help you make correct decisions, improve your communications, and clarify your life purpose and direction.

Using this information can boost your confidence and give you relief from even the worst self-judgement. It can improve your relationships with yourself and others, and prepare you for the changes we are already seeing in the world.

Your own journey starts with your curiosity. It starts with reading this report and looking at your own beautiful Human Design.

You may decide to stop with just reading this report, or you may choose to learn more about the story you came her to live out by booking a reading with me or another Specialist.

I encourage you to take that next step. The cost of a reading is miniscule compared to what some of your choices have cost you in the past. Save yourself some grief. Get to know yourself.

Investing your time, energy and money in anything is always your choice.

Only you can decide what the rest of your life is worth to you.

Working With This Reflector

I am an intuitive empath. I work well with all the Human Design types. My Reflector empathy lets me snap quickly into your mindset and emotional energy, and meet you instantly where you are right now and match your pace and energy.

- You want to work fast, we'll work fast.
- You need a gentle hand or someone to kick you into gear, you got it.

My Human Design work includes personal readings, live workshops, training webinars and coaching.

I work with families and couples, entrepreneurs and CEOs, community and spiritual leaders, healers, students and teachers, authors and artists, caregivers and parents. I am here to assist the whole host of “extra-ordinary” ordinary people who are doing the important work of getting things done on the planet.

Human Design Readings:

- Human Design Personal Reading - The basics of your spiritual operating system: Your Type, Strategy, Inner Authority, Emotional Theme, and Profile.
- Incarnation Cross and Life Purpose – A compass to keep you aligned with your mission.
- Saturn Return, Jupiter Reward, and Kiron's Conundrum – Your major life lessons and challenges you came here to work through.
- Composite Readings – The combined circuitry of multiple charts helps identify potential conflicts and compatibilities, and improve communications and interrelationships. It is especially useful for new couples as well as those seeking to reconnect on better terms. Helpful in family communications and dynamics.

Human Design Coaching for Life Mastery:

In addition to personal readings, I offer life coaching to help my clients integrate their strategies into their lives, to unravel past patterns, reprogram their ineffective thoughts and behaviors, and write the sacred story of their own **Greater Yet To Be**™.

Since Human Design is not a One-Size-Fits All – neither are my coaching packages.

Each package is customized to meet the needs of my client.

My goal is to get you aligned with your Human Design and create more harmony in your life.

To learn more, go to <http://www.humandesign4lifemastery.com/free-chart.html> and drop me a line with our questions about coaching or specific readings.

May you fall madly in love with yourself!

I hope this report has awakened your curiosity about what your own Human Design can reveal about you and your purpose. **How can you not be curious about who you came here to be?**

Your Fellow Traveler,

Leslie vanWinkle

Human Being, Human Design Specialist and Life Mastery Coach,

<http://www.humandesign4lifemastery.com>