



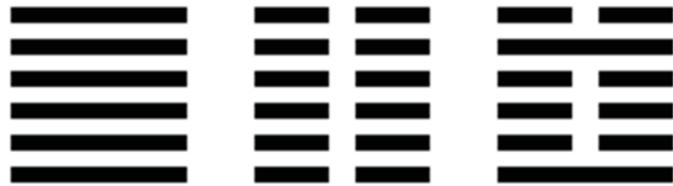
The
Quantum
ALIGNMENT SYSTEM
master practitioners

2018 HUMAN DESIGN EVOLUTION GUIDE

USING THE SOLAR TRANSITS TO CREATE YOUR YEAR



Karen Curry Parker



2018 Human Design
Evolution Guide
Using the Solar Transits to
Create Your Year

2018 Human Design Evolution Guide
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What is Human Design?

Human Design is a synthesis of Eastern and Western Astrology, the Chinese I'Ching, the Hindu Chakra System, the Judaic Kabbalah and Quantum Physics. Even though Human Design is a compilation of all these different esoteric sciences, it is, in and of itself, a unique system.

Human Design gives you information that helps you discover your Life Purpose, your Soul Purpose, your gifts and strengths and the places where you are more likely to be challenged to grow and evolve. It also gives you a concrete way to make decisions in your life so that you are choosing and deciding, in an empowered way, what is right and good for you. It teaches you how to create a life that is a reflection of your Authentic Self and supports you in living a life that is aligned with Who You Truly Are.

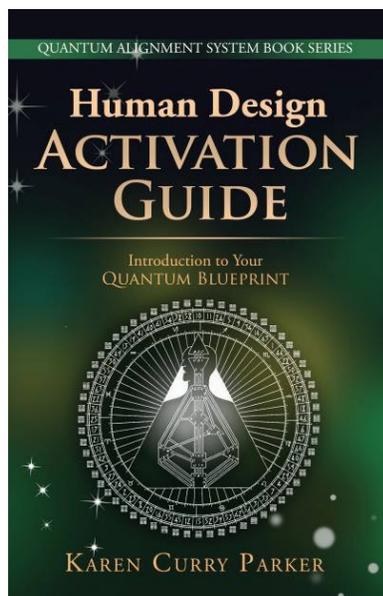
This unique combination of esoteric wisdom and science is a "rolodex" of archetypes. It's simply a way to organize all the potential human stories that we could be living.

Archetypes are stories and potential expressions of being human. Archetypes are neither good or bad, just a way to organize certain character qualities that we can identify with and experience. We all carry all of the human archetypes within us, but we, by design, tend to identify with certain archetypes more than others.

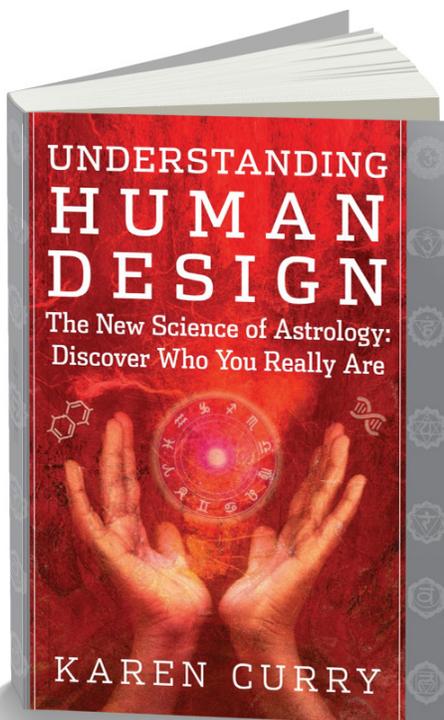
Your Human Design chart gives you powerful insights and clarity into which human archetypes and stories you are more inclined to be playing with and learning from in this lifetime. Knowing which archetypes you are designed to be learning from in life, helps you make more conscious and powerful choices about who you choose to be and how you choose to live.

If you want to learn more about your Human Design chart, check out the Human Design Activation Guide, a basic introduction to Human Design and your chart.

https://www.amazon.com/Understanding-Human-Design-Astrology-Discover/dp/1938289102/ref=tmm_pap_swatch_0?_encoding=UTF8&qid=1516727325&sr=1-1



If you'd like to learn even more, you might enjoy Understanding Human Design, The New Science of Astrology, which is a great comprehensive, in-depth book to help you understand your Human Design chart.



How to Use this Guide

Just like in traditional astrology, Human Design works with the planetary transits. The position of the planets at the moment of your birth are a vital part of what determines your Design.

The planets also move each week, lighting up different Hexagrams (sometimes referred to as “Gates” in Human Design). There are 64 Hexagram energies, each representing an archetype or an aspect of your personality.

The movement of the Sun lights up a different Hexagram approximately every six days, bringing evolutionary themes to our collective experience, to our personal lives and even in our relationships. Knowing which Hexagrams are being activated by the planets, the sun in particular, gives us an opportunity to consciously explore how that theme may be playing out in your life and

what you can do to consciously evolve that energy so you can express the highest potential of that theme.

In this Guide, I’ve given you the dates and themes of each of the Solar Transits for the year. You will find that these themes get activated during these key times.

Each of the 64 Solar Transit Themes comes with a short description of the theme, an affirmation to work with during the week, writing exercises to help you get the most out of the week and an Emotional Freedom Technique setup to help you clear any low frequencies of energy of the Solar Transit Theme out of your conditioning field so that you can keep evolving and growing.

(If you are unfamiliar with the Emotional Freedom Techniques, check out this free class to help you learn more: courses.joyfulmission.com)

I gently encourage you to use these weekly themes to help you get the most out of your week and the most out of your life.

To bring more insights into the celestial weather in your week watch my weekly Human Design Evolution Report video. You can watch either on Facebook:

<https://www.facebook.com/HumanDesignForEveryone/>

(Also, be sure to catch my weekly Facebook Show, The Quantum Alignment Show with Karen Curry Parker where we talk about all kinds of topics related to Human Design, Quantum Physics and Well-Being, Deliberate Creation, Relationships, Creativity and more...)

Or on my YouTube Channel:

<http://www.youtube.com/c/KarenCurryParker>

If you'd like to experience an in-depth understanding of your Human Design, nothing can beat getting a full Human Design reading with a Human Design Specialist. To find a Human Design Specialist for you, please visit:

http://www.humandesignforeveryone.com/human_design_specialists.html

2018 is a powerful year of transformation, re-structuring, grounded and disciplined energy. It is a great year to lay the foundation of what you'd like your life to look like. May this be the year you begin the journey home to the Truth of Who You Truly Are!

Happy New Year!

From my Heart to Yours,
Karen

EFT Setup: Even though I don't know all the answers, I now choose to surrender and trust that I am being loved, supported and nurtured by the Infinite Loving Source that is the Universe.

JANUARY 28, 2018



Hexagram 19 - Intimacy

The energy for intimacy. The sensitivity to perceive subtle changes and shifts in emotional energy and the physical environment.

Affirmation:

I am grateful for all that I have received. I honor my creative process and know that Divine Timing will open up the correct circumstances in the correct order to fulfill my creative desires and provide all the support and success I desire. I honor the nature of Divine Timing and trust that abundance works through me and my relationships at all times.

I know that the ending of cycles is always the beginning of the new. I honor the end of all creative cycles and anticipate the next new creative experiences awaiting me. I take the blessings and the lessons I have learned from this cycle and move forward courageously into the next.

I take great care of all my relationships, including my relationship with myself. I know that some relationships will serve me for a lifetime and some have a brief impact on my life before a new cycle begins. I begin and end all my relationships with love. I let go with ease. I allow with ease.

I trust in the cycles of Divine Order.

Writing Exercises:

1. *What cycles in my life are coming to an end? Am I resisting or allowing these conclusions? Is there anything I need to do to create space for the beginning of a new cycle?*

FEBRUARY 2, 2018



Hexagram 13: The Listener

The capacity to listen and hold the secrets and stories of others. Through hearing and holding stories you have the ability to find the gifts in the story and reframe the story to better serve you and others.

Affirmation:

I am a servant to the Divine. In my quiet retreat, I align with my Higher Purpose and I take actions that are of service to the Greater Good.

Each day I ask that my mind, my eyes, my words, my heart, my hands, my body, my Light and my Being be used in Divine Service. I am grateful for all that has come before me and I ask that I take the lessons from my past and use them to be of service to others.

I listen carefully to the words and true meanings of others. I allow myself to see the truth behind all words so that I always know the Divine Meaning of each communication.

I am clear. I am present. I take my time to respond meaningfully. I speak words that open doors of opportunities to others. I hold a sacred space for humanity to come together to fulfill its Highest Purpose. I lead with love.

Writing Assignments:

- 1. What is the status of my ego? Am I comfortable serving the Higher Good without recognition? Are there areas where I am still motivated by a need to prove something?*

FEBRUARY 8, 2018



Hexagram 49: Revolution

The ability to break relationship bonds and agreements if the rules of the relationship aren't honored.

Affirmation:

After contemplation and alignment, I now take guided actions to revolutionize my life. I am clear and I know exactly the actions to take to create lasting change and transformation in my life. I am empowered. My choice and actions are deliberate. I am ready to redefine and recreate all agreements in my life to align them with the Truth of my unlimited abundance.

My relationships are mutually respectful, loving, honoring and for the highest good of those involved. I am clear in my communication. I set good boundaries for myself and take actions that are unconditionally loving and respectful of my partners. I only make agreements that acknowledge my beauty, my strength, my value and my worth. My agreements bring me reward in accordance with these beliefs.

I recognize that honesty and transparency and clearing acting on what is correct for me creates true intimacy and the possibility for long-term commitment. I stand fearlessly in the face of love, ready to give and receive love in all of its expressions.

I embrace the changes necessary to make room for Love in my life.

Writing Assignment:

1. What actions do I need to take to make room for love in my life? What conversations do I need to have? What agreements in my partnerships do I need to change?

MARCH 19, 2018



Hexagram 25 – Acceptance

The ability to find the spiritual blessing and connection in every aspect of life. Healing by remembering your connection to Spirit. Surrendering the personal self to the Higher Will.

Affirmation:

I am perfectly prepared to take my place in Divine Order. I know that my intentions can and will be fulfilled according to Divine Mind and I relax and trust. I know that there are greater unexpected outcomes that are for my higher good and I trust completely that all is well. I turn a blind eye to how things look and I know that the Truth will be revealed to me when I need to know. The Spirit of God within me is the Source of all my good.

Writing Assignment:

1. How much do you trust in Divine Order?

EFT Setup:

Even though in the past, I was afraid to follow my heart, I now choose to do what is right for me and know that I am fully supported and I deeply and completely love and accept myself.

MAY 4, 2018



Hexagram 2 - Support

The energy to realize and align with being fully supported in all ways to fulfill your life purpose. Receiving and gratitude.

Affirmation:

I am always moving towards beauty. All of my challenges and struggles have given me the lessons to move me forward. My every step is perfect. My every movement moves me to growth and expansion and each moment of my journey is perfect.

Writing Assignment:

1. What steps do I need to take to surrender to my destiny?

2. How comfortable am I with the idea of “receiving”? Do I allow myself to be supported?

MAY 21, 2018



Hexagram 20 - Anticipation

The energy to be aware and ready to take action when the time is right. The awareness to know what skills and talents others have and to be able to bring the right people together to create conscious community.

Affirmation:

(This week’s affirmation is more of a mantra...enjoy!) Just because I can do it, doesn’t mean that I have to or that I should. I use my strategy to determine my actions and I only do the things which are correct for me. I am a door to cosmic perfection and the entrance point for actions that create Divine Order. It is in my “not doing” that my doing becomes evident.

Writing Exercise:

1. *How do you feel about “not doing”?*

2. *Are there places in your life where you are busy without direction? Are you battling burn-out? Are you being as effective as you’d like to be?*

JUNE 14, 2018



Hexagram 12 - The Channel

The ability to articulate creative and transformative ideas when the timing and the energy is aligned. A natural connection with Source who often serves as a vehicle for Divine Wisdom.

Affirmation:

In my expression of my intention, I stay open to the Voice and Words of the Divine. My words, my expression and my creation are Divinely Guided and I speak the perfect words to transmit the beauty of who I am and what I create. My voice is heard and valued and I continue to share my insights and my experiences as part of my creative process. My Divine perspective supports me in evolving my ideas and creations.

Writing Assignment:

1. Are you using will power or Divine Power to create?

2. Do you feel stuck or at a standstill? If so, what do you need to do to keep moving forward?

JULY 25, 2018



Hexagram 31 - Influence

The ability to influence leadership and to be in tune with the needs of the people being led. Humble leadership/service.

Affirmation:

I assume my position of natural leadership when I am asked or invited to assume influence. My words, my thoughts, my ideas and my dream is important and worthy of sharing with the right people.

Writing Assignment:

No writing this week. Meditate on True Power and Influence and what that means to you. Notice where you feel power in your body and practice connecting with this physical magnetic feeling at least once a day.

EFT Setup:

Even though I'm afraid to be seen, I now choose to express myself and the magnificence that is me with gusto, courage and awareness of my own power and preciousness and I deeply and completely love and accept myself.

AUGUST 23, 2018



Hexagram 59 – Intimacy

The ability to disperse ideas and energy and to work to create resources to help sustain and nurture others.

Affirmation:

I radiate my desires into the Universe and impregnate the ethers with my dreams. My intentions influence the right people, the right places, the right circumstances and the right opportunities at the perfect time and I know that I am radiating pure joyful intention all the time.

Writing Assignment:

Meditate (and journal) this week on what avenues of impact would best serve you, your intentions and your business. What is the next step in creating your intentions and your dreams. Where do you need to “get to work” to be ready for things to manifest?

OCTOBER 31, 2018



Hexagram 44 - Patterns

The ability to, with right timing, transmit or share an idea or tangible good that can help heal the past and create greater value. The ability to sell an idea.

Affirmation:

I greet life full on. I move forward confidently into the future knowing that my past has been my greatest teacher. I am not limited but liberated from my past and realize that NOW is the most powerful moment of my life.

Writing Assignment:

1. Are there places where I limit myself because of things that have happened to me in the past?

2. Am I in full integrity when it comes to leading or influencing others? Do I walk my talk?

NOVEMBER 22, 2018



Hexagram 34 - Power

The ability to know when the time is right to act powerfully. The energy to use power to transform others. The need to withdraw and integrate before acting with power.

Affirmation:

I trust the Universe to deliver to me the perfect opportunities to fulfill my dreams and intentions. I watch and wait for signs that clearly show me the next step. I know that my true power is in co-creation with the Universe and I know that Divine Mind has the perfect path for me.

Writing Assignment:

1. How are you leveraging your power and energy? Are you doing things that are not bringing you closer to your dreams? What things do you need to stop doing in order to create a space for what you truly want?

2. *In the left column make a list of all the things you need to do to make your dream come true. This is the practical 3-D things you need to take care of like write a book, test drive a car, build a website, take a class, etc.*

3. *In the right hand column make a list of all the things the Universe can do. These are the things that may feel beyond your control at the moment, such as attract the perfect clients, friends or lover, provide the perfect information and the support, etc.*

Doing this exercise will help you discover what concrete, practical baby-steps you can take to make your dreams your reality.

EFT Setup:

Even though I've been frustrated with my lack of focus, I now choose to be clear, stay focused and take the actions necessary to create my intentions.

EFT Setup:

Even though I feel nervous/scared/worried about waiting for Divine Timing, I now choose to create habits that support my connection with Source while I wait and I deeply and completely love and accept myself.

EFT Setup:

Even though I am afraid to share my Truth, I now choose to speak my truth clearly and confidently and I deeply and completely love and accept myself.

JANUARY 1, 2019



Hexagram 38 - Fight for Right

The energy to know what is truly worth fighting for.

Affirmation:

I have deep clarity about my Life Purpose and direction. Serving my Purpose inspires me and gives me the energy to take powerful steps forward in my life, no matter what comes my way. I am here for a unique purpose and I honor that purpose by setting clear intentions and taking actions that reflect that purpose.

Writing Exercise:

<http://www.joyfulmission.com/lifepurposemeditation.html>

EFT Setup:

Even though things seem hard and challenging, I now choose to use my challenges to help me get clear about what I really want and I deeply and completely love and accept myself.

